

**Clackamas River, River Mill, and Eagle Creek Elementary Schools
Comprehensive Guidance and Counseling Program
Standards and Competencies Grades K-6 Overview**

I – Individual
G – Group
C – Classroom
O – Other

GRADE	DOMAIN	ASCA NAT'L STD	COMPETENCY/CURRICULUM Students will:	I	G	C	O
K	Personal-Social	PS: A1.1	Describe their own appearance.			X	
K	Personal-Social	PS:A1.1	Describe and practice ways they take care of themselves		X	X	
K	Personal-Social	PS:C1.1, PS:C1.2, PS:C1.3	Know their rights in personal safety			X	
K	Personal-Social	PS:A2.3, PS:A2.4 PS:A2.5	Describe ways people are different. Describing likes and differences		X		
K	Personal-Social	PS:A:1.8, PS:A1.9	Demonstrate the ability to share.			X	
K	Personal-Social	PS:B1.3, PS:B1.4	Recognize that there are positive ways to problem solve. <ul style="list-style-type: none"> • Communication skills 		X	X	
K	Personal-Social	PS:B1.2	Describe choices they make at school.		X	X	
K	Personal-Social	PS:A1.5	Identify and express personal feelings. <ul style="list-style-type: none"> • Feeling Faces • Feeling “statues” 			X	
K	Personal-Social	PS:B1.5	Demonstrate when, where and how to seek help for solving problems		X	X	

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K	Academic	A:A1.5	Describe why school is important.		X	X	
K	Academic	A:A1.5	Describe how the senses are used in learning.		X	X	
K	Academic	A:A1.2, A:A1.3	Understand the importance of trying new things.		X	X	
K	Academic	A:A1.5	Demonstrate positive school behaviors.		X	X	
K	Career	C:A1.2	Identify workers in various settings. • Community Awareness (career awareness)		X	X	
K	Career	C:A1.2	Describe work of family members.		X	X	
K	Career	C:A1.3	Describe what they like to do.		X	X	
K	Career	C:A1.2	Describe work of family members.		X	X	
K	Career	C:A1.3	Describe what they like to do.		X	X	

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K	Community Involvement	PS:A1.9	Cooperate and share with classroom buddies. • Partner Cooperation			X	
K	Community Involvement	PS:A2.1	Identify responsibilities of a good citizen in the school community. • Class Citizenship		X	X	

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1st	Personal Social	PS:A1.10, PS:A1.2	Recognize their individual personal traits. <ul style="list-style-type: none"> • Respecting Diversity • Respect 	X	X	X	
1st	Personal Social	PS:A2.3, PS:A1:10	Recognize unique characteristics about themselves and others. <ul style="list-style-type: none"> • Respecting Diversity <ul style="list-style-type: none"> • Respect • Linked Together 		X	X	X
1st	Personal Social	PS:A1.9	Understand and demonstrate cooperation. <ul style="list-style-type: none"> • Partner Cooperation 		X	X	
1st	Personal Social	PS:A1.5	Identify feelings they have in various situations. <ul style="list-style-type: none"> • Feeling Faces 		X	X	
1st	Personal Social	PS:A1.7, PS:C1.4	Demonstrate the ability to assert boundaries, rights and personal privacy.	X	X	X	
1st	Personal Social	PS:C1.5, PS:C1.6, PSB1:5	Demonstrate when, where and how to seek help for solving problems.	X	X	X	
1st	Personal Social	PS:A1.8,	Understand the need for self-control and how to practice it.	X	X	X	
1st	Personal Social	PS:A1.11	Understand the importance of family.		X	X	
1st	Personal Social	PS:A2.8	Describe the process of making and keeping a friend. <ul style="list-style-type: none"> • Outline of a Friend 		X	X	

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1st	Academic	A:A1.1	See themselves as capable learners.		X	X	
1st	Academic	A:A1.2, A:A2.2	Display a positive attitude toward learning. • Recipe for Success			X	
1st	Academic	A:A1.4,A:A2.2	Recognize their academic growth since last year.			X	
1st	Academic	A:A2.3	Use communication skills to know when and how to ask for help.	X	X	X	
1st	Career	C:A1.3	Describe what they would like to become. • My Poster			X	
1st	Career	C:C1.2, CC1.7	Describe why work is important.			X	
1st	Career	C:A1.3, C:A1.8	Identify skills they have.		X	X	
1st	Community Involvement	PS:A2.2, PS:A2.3.	Demonstrate a growing awareness of the needs of others. • Class Citizenship • Trust activities		X	X	

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2 nd	Personal Social	PS:A1.5	Recognize and describe feelings. <ul style="list-style-type: none"> • Feeling Faces • Respect • Identifying feelings in the body 		X X	X X X	
2 nd	Personal Social	PS:A1.1, PS:A1.10	Identify positive characteristics about themselves. <ul style="list-style-type: none"> • Outline of a Friend • Respect 		X	X X	
2 nd	Personal Social	PS:B1.7	Recognize commonalties and differences in themselves and others. <ul style="list-style-type: none"> • Feeling Faces • Respecting Diversity • Complementing others • Recognizing individual strengths 		X X X	X X X	
2 nd	Personal Social	A:A1.1, C:A1.3, PS:A1.10	Recognize their abilities to perform specific tasks.		X	X	
2 nd	Personal Social	PS:A2.6, PS:A2.7	Describe and demonstrate active listening		X	X	
2 nd	Personal Social	PS:B1.2	Understand student choices and responsibilities. <ul style="list-style-type: none"> • Identifying Conflicting Feelings and making positive choices 		X	X	
2 nd	Personal Social	PS:A1.7, PS:C1.4	Demonstrate the ability to assert boundaries, rights and personal privacy.		X	X	

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2 nd	Personal Social	PS:C1.5, PS:C1.6, PS:B1.5	Demonstrate when, where and how to seek help for solving problems. <ul style="list-style-type: none"> • Learning to manage Conflicting Feelings • Learning signs of stress and ways to seek support 		X X	 X	
2 nd	Personal Social	PS:A1.12	Identify and recognize changing family roles.		X	X	
2 nd	Academic	PS:A1.3, C:A1.6, C:A1.5	Understand goal setting. <ul style="list-style-type: none"> • Learning systems for organization 			X	
2 nd	Academic	A:A1.5	Identify situations that make learning easier for them. <ul style="list-style-type: none"> • Learning personal style of organization 		X	X	
2 nd	Academic	A:A1.3	Take pride in their work and achievement.			X	
2 nd	Academic	A:A1.4	Accepting and learning from mistakes in the learning process. <ul style="list-style-type: none"> • Positive attitude toward the process of learning 		X	X	
2 nd	Career	C:B1.4	Distinguish which work activities in their environment are done by specific people. <ul style="list-style-type: none"> • Career Exploration • Community Awareness 		X	X	
2 nd	Career	C:A1.2	Define work and recognize that adults work.				
2 nd	Career	C:A1.6, C:A1.3, C:A1.9	Recognize activities that interest them. <ul style="list-style-type: none"> • Posters • Role Playing 		X	X	

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2 nd	Community Involvement	PS:A2.1	Understand the rights and responsibilities of citizenship. <ul style="list-style-type: none"> • Class Citizenship • Community Citizenship 		X	X	
2 nd	Community Involvement	C:A1.4	Demonstrate the ability to work together to help others. <ul style="list-style-type: none"> • Group activities for the community • Acknowledging school staff through cards and posters 		X	X	X

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3rd	Personal-Social	PS:A2.6, PS:A2.3	Describe himself or herself accurately to someone who does not know them. <ul style="list-style-type: none"> • Communication skills • Personal Awareness 			X	
3rd	Personal-Social	PS:A1.5, PS:C1.10	Describe how they relax when feeling stressed. <ul style="list-style-type: none"> • Anger Management • Breathing Activities • Relaxation techniques • Communicating feelings 	X	X	X	
3rd	Personal-Social	PS:A2.3	Identify positive characteristics of other people. <ul style="list-style-type: none"> • Giving and receiving complements • Community awareness 		X	X	
3rd	Personal-Social	PS:A2.1, A:A3.1	Understand the meaning of taking responsibility. <ul style="list-style-type: none"> • Identifying tasks in the classroom and home • Acknowledging others for their contributions 		X	X	
3rd	Personal-Social	PS:A2.7	Recognize the differences between formal and informal communication skills.		X	X	
3rd	Personal-Social	PS:B1.2	Recognize that decisions have consequences. <ul style="list-style-type: none"> • Communicating cause and effect • Making positive choices 		X	X	
3rd	Personal-Social	PS:C1.4, PS:A1.7	Demonstrate the ability to assert boundaries, rights and personal privacy. <ul style="list-style-type: none"> • Awareness/Personal Safety 		X	X	

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3 rd	Personal-Social	PS:A2.4, PS:B1.7	Recognize cultural differences and describe ways to accept these differences. <ul style="list-style-type: none"> • Multicultural stories • Personal sharing • Giving compliments 		X	X	
3 rd	Personal-Social	PS:C1.6, PS:B1.5, PS:C1.5	Demonstrate when, where and how to seek help for solving problems. <ul style="list-style-type: none"> • Identify helpers in school and community • Learn mediation skills 		X	X	
3 rd	Academic	C:A1.6, C:A1.7, PS:A1.3, PS:B1.9	Describe the difference between a short and long term goal.			X	
3 rd	Academic	A:C1.4, A:C1.1, A:C1.6	Describe the responsibilities of adults they know.			X	
3 rd	Academic	A:A2.4, A:B1.3	Identify the study skills and strategies necessary for academic success. <ul style="list-style-type: none"> • Are Directions Important? • Writing Notes 		X	X	

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3 rd	Career	C:B2.1	Understand the considerations involved in career choices. <ul style="list-style-type: none"> Developing qualities that are important for job success – cleanliness, respect, communication, good writing and speaking skills 		X	X	
3 rd	Career	C:C1.1	Define goals for future <ul style="list-style-type: none"> Using the imagination as a tool for success 	X	X	X	
3 rd	Career	C:A1.10, C:C1.2, C:C1.3, C:C1.4	Recognize that people have many life roles and be able to describe these roles. <ul style="list-style-type: none"> Community awareness Appreciation posters for school employees 			X	X
3 rd	Career	C:A1.8, C:A1.9	Realize that interests and abilities influence people's career choices. <ul style="list-style-type: none"> Written and oral communication skills Speaking and acting respectfully 		X	X	
3 rd	Community Involvement	A:A3.2, C:A1.4, C:C2.3, PS:A1.9	Learn how to interact and work cooperatively in teams. <ul style="list-style-type: none"> Classroom projects Group games and challenges 		X	X	
3 rd	Community Involvement	C:A2.8	Participate in school and community projects. <ul style="list-style-type: none"> Reading Buddies Peer Helper Program Fundraising Events 		X	X	X
3 rd	Community Involvement	PS:A2.1	Appreciate the contributions of productive citizens. <ul style="list-style-type: none"> Class citizenship 			X	

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4 th	Personal Social	PS:A1.2	Identify personal values, attitudes, and beliefs. <ul style="list-style-type: none"> Prejudice and Stereotyping 			X	
4 th	Personal Social	PS:A2.3, PS:A2.4, PS:A2.5	Recognize individual uniqueness in the world community. <ul style="list-style-type: none"> Mystery Bag 			X	
4 th	Personal Social	PS:A2.3, PS:A2.4, PS:A2.5, PS:B1.7	Describe and appreciate differences in others in terms of interests, cultures, and abilities. <ul style="list-style-type: none"> Prejudice and Stereotyping Character Counts 			X	
4 th	Personal Social	PS:A2.1	Demonstrate personal responsibility in their relationships. <ul style="list-style-type: none"> Anger Management Are you doing your job? Problem Solving Wheel Character Counts 	X	X	X	
4 th	Personal Social	PS:A2.6	Evaluate how their words affect others. <ul style="list-style-type: none"> Feelings Activity 		X	X	
4 th	Personal Social	PS:A2.9, PS:B1.4	Describe methods that lead to effective cooperation with children and adults. <ul style="list-style-type: none"> Cooperation Puzzle Activity 			X	

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4 th	Personal Social	PS:B1.2	Recognize the importance of evaluating consequences before making a decision. <ul style="list-style-type: none"> Mixed/Conflicting Feelings 		X	X	
4 th	Personal Social	PS:C1.4, PS:A1.7	Demonstrate the ability to assert boundaries, rights and personal privacy.	X	X		
4 th	Personal Social	PS:B1.5, PS:C1.5, PS:C1.6	Demonstrate when, where and how to seek help for solving problems. <ul style="list-style-type: none"> Mixed/Conflicting Feelings 		X	X	
4 th	Personal Social	PS:A2.5	Recognize and respect differences in various family configurations.	X	X		
4 th	Academic	C:A1.6, PS:B1.12, PS:B1.9, PS:B1.10, PS:B1.12, A:B2.1, PS:A1.3	Learn to set short-term goals.	X	X		
4 th	Academic	A:A1.1, A:A1.3, A:A1.4, A:A1.6, A:A1.7, A:A2.2	Recognize that people learn in different ways. <ul style="list-style-type: none"> Learning Styles Study Skills 		X X	X X	

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4 th	Academic	A:A2.5, A:A3.1, A:B2.6, A:B1.4, A:A3.2	Describe their responsibilities as students. <ul style="list-style-type: none"> • Are Directions Important? • Listening & Following Directions 			X X	
4 th	Academic	A:A2.1, A:A2.2, A:A1.1, A:A3.4	Understand and apply time management skills in their learning. <ul style="list-style-type: none"> • Writing Notes 		X	X	
4 th	Academic	A:B2.6	Understand how effort and persistence positively affect learning. <ul style="list-style-type: none"> • Listening/Following Directions • Test Wiseness 			X X	
4 th	Career	C:B1.7, C:C1.4, C:B1.6, C:C1.6	Discuss the changing nature of work for women and men. <ul style="list-style-type: none"> • Issues in Career Choice 			X	
4 th	Career	C:B1.8	Imagine what their lives might be in the future. <ul style="list-style-type: none"> • Think Big 		X	X	
4 th	Career	C:B1.7	Define the meaning of “stereotypes” and indicate how stereotypes might affect career choices. <ul style="list-style-type: none"> • Issues in Career Choice 			X	
4 th	Career	C:B2.2, A:B2.2	Recognize different methods of evaluating progress. <ul style="list-style-type: none"> • Answering a Job Advertisement 		X	X	

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4 th	Community Involvement	PS:B1.3, C:C2.3, C:A1.4	Understand the importance of groups working together to solve community problems. <ul style="list-style-type: none"> • Team Puzzle • Pennies for Patients 		X X	X	
4 th	Community Involvement	PS:A2.1	Demonstrate contributions as productive citizens. <ul style="list-style-type: none"> • Cards for Kids • Showing Generosity • Pennies for Patients 		X X	X X	
4 th	Community Involvement	C:A2.8	Participate in school and community projects. <ul style="list-style-type: none"> • Cards for Kids • Pennies for Patients 		X	X	

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5 th	Personal Social	PS:A1.5, PS:C1.10	Determine situations that produce unhappy, angry or anxious feelings and describe how to deal with these feelings. <ul style="list-style-type: none"> Feelings Activity 		X	X	
5 th	Personal Social	PS:A1.2, PS:A1.1, PS:A1.10	Identify personal strengths and assets. <ul style="list-style-type: none"> Are you doing your job? Inventory Sheet 	X X	X X	X	
5 th	Personal Social	PS:A1.5, PS:A1.6	Describe ways to express feelings in a socially acceptable manner. <ul style="list-style-type: none"> Feelings Activity Role Play 	X	X X	X X	
5 th	Personal Social	PS:A2.4, PS:B1.7	Recognize cultural differences and describe ways to accept these differences. <ul style="list-style-type: none"> Issues in Career Choice 			X	
5 th	Personal Social	PS:A2.6, PS:A2.7	Demonstrate that communication skills involve speaking, listening, and nonverbal behaviors. <ul style="list-style-type: none"> Talking Circle Student Listening 			X	
5 th	Personal Social	PS:A1.8, PS:B1.1, PS:C1.7	Apply a decision making process. <ul style="list-style-type: none"> Peer Helpers 	X	X		X

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5 th	Personal Social	PS:B1.5, PS:B1.6, PS:C1.5	Demonstrate when, where and how to seek help for solving problems. <ul style="list-style-type: none"> Mixed/Conflicting Feelings Peer mediation 		X	X	
5 th	Personal Social	PS:A1.7, PS:A2.1, PS:C1.4	Recognize that everyone has rights and responsibilities, including family and friends. <ul style="list-style-type: none"> Are you doing your job? 	X	X	X	
5 th	Academic	A:A1.2, A:A3.2, A:A3.3, A:C1.2, A:C1.3	Value learning both in and out of school. <ul style="list-style-type: none"> Issues in Career Choice Peer Helpers Program Answering a Job Advertisement 		X	X	
5 th	Academic	A:A1.1, A:A2.4, A:B1.3, A:B1.7, A:A1.4, A:B1.6	Begin to recognize individual learning styles. <ul style="list-style-type: none"> Learning styles 		X	X	
5 th	Academic	A:A2.1, A:A2.2, A:A3.4, A:C1.1	Understand task management and how to apply it to learning. <ul style="list-style-type: none"> Time Management 	X	X		
5 th	Academic	A:A1.3, A:A1.5, A:A3.5, A:B2.3	Show awareness of their progress in learning. <ul style="list-style-type: none"> Just How Good Are Your Study skills 			X	

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5 th	Career	C:A1.3, C:A1.9, C:C2.1	Define lifestyle and discuss what influences it. • Issues in Career Choice (education)			X	
5 th	Career	C:B1.1, C:C1.1, C:A1.7, A:B2.5, C:B1.2	Imagine what they would like to be doing in five to ten years. • Are You Doing Your Job? • Answering a Job Advertisement • Think Big	X	X X X	X X X	
5 th	Career	C:A1.2, C:C1.3, C:C1.6	Describe stereotypes that are associated with certain jobs. • Issues in Career Choice			X	
5 th	Career	C:C1.3	Describe how values influence goals. • Education – Who Needs It?		X		
5 th	Career	C:B2.1, C:A2.9	Understand the importance and process of planning. • Peer Helpers Program	X	X		
5 th	Community Involvement	PS:A1.6	Understand the importance of respectful, responsible, ethical behavior. • Peer Helpers Program • Feelings Activity		X	X	
5 th	Community Involvement	A:C1.2	Participate in and perhaps even initiate school and community projects. • Feelings Activity • Showing Generosity • Pennies for Patients • Career Education	X	X X X	X X	

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6 th	Personal Social	A:A1.5; PS:A1.6-9; PS:A2.1-8; PS:B1.2,5,7; PS:C1.3-7	Demonstrate awareness of middle school expectations. <ul style="list-style-type: none"> Dealing with Harassment – Part 1 Dealing with Harassment – Part 2 			X X	
6 th	Personal Social	A:A1.4,5; A:A2.1,3; A:B1.4; A:C1.1; C:A2.9; C:A1.9-10; C:C2.2; PS:A1.5,8; PS:B1.1,3- 6,8; PS:C1.5-11	Understand what “stress” means and describe methods of handling stress. <ul style="list-style-type: none"> Yoga Calm Brain Gym Deep Breathing Techniques 	X X	X X	X X	
6 th	Personal Social	A:A1.5; C:A2.7; PS:A1.1,2	Analyze how their attitudes influence what they do. <ul style="list-style-type: none"> Girl Power/Best Men 	X			X
6 th	Personal Social	PS: A1 (all), A2 (all)	Describe changes that occur in the physical, psychological, social and emotional development of individuals. <ul style="list-style-type: none"> Human Development 	X	X		
6 th	Personal Social	PS:A2.2-5; PS:B1.7	Recognize differences in others and evaluate their own effect on others.				
6 th	Personal Social	A:A1.1,3; A:A2.1,3; A:A3.1,2,4,5; A:B1.1- 5; A:B2.1,3,6; A:C1.2; C:A1.4-6,9,10; C:A2.1,7,9; C:C1.1,7; C:C2.2,3; PS:A1.3- 10,12; PS:A2.1-8; PS:B.1.1-7,9 ;PS:C1.1,3- 11	Describe age appropriate responsibilities. <ul style="list-style-type: none"> Character Education – Character Counts 	X	X	X	
6 th	Personal Social	A:A3.1; C:A1.4; C:A2.1; C:C2.2,3; PS:A1.8; PS:B1.1-3,6; PS:C1.7	Apply problem-solving skills to conflict situations and analyze the impact on relationships with others. <ul style="list-style-type: none"> Dealing with Harassment – Part 1 Dealing with Harassment – Part 2 Choose to Be Responsible Problem Solving 			X X X	
6 th	Personal Social	PS:A1.5; PS:A2.6,7; PS:C1.3	Use appropriate non-verbal communication.	X	X		

Clackamas River, River Mill, and Eagle Creek Elementary Schools Comprehensive Guidance and Counseling Program Standards and Competencies Grades K-6 Overview

I – Individual
G – Group
C – Classroom
O – Other

GRADE	DOMAIN	ASCA NAT'L STD	COMPETENCY/CURRICULUM Students will:	I	G	C	O
6 th	Personal Social	A:A3.1; A:C1.5; PS:B1.1,2,12	Recognize how choices affect outcomes for themselves and others. <ul style="list-style-type: none"> • Relational Aggression: Mean Girls • Choose To Be Responsible Problem Solving <ul style="list-style-type: none"> • Harassment – Part 1 		X	X X	
6 th	Personal/ Social	PS:A1.5,7; PS:C1.4	Demonstrate the ability to assert personal boundaries, rights and privacy.				
6 th	Personal/ Social	PS:A1.7; PS:B1.5,12; PS:C1.2-4,6,7	Demonstrate when, where and how to maintain personal safety.				
6 th	Academic	A:A2.1,2; A:A3.4; A:B1.7; A:C1.1; C:A1.10; C:A2.9	Apply time and task management skills. <ul style="list-style-type: none"> • How Good Are Your Study Habits <ul style="list-style-type: none"> • Time Management 	X	X	X	
6 th	Academic	A:B1.3	Describe effective test taking skills. <ul style="list-style-type: none"> • How Good Are Your Study Habits <ul style="list-style-type: none"> • Are Directions Important? 			X X	
6 th	Academic	A:A1.5; A:A2.4; A:A3.5; A:B2.6; PS:A2.6	Explain personal academic progress. <ul style="list-style-type: none"> • Goal Setting • Learning Styles and Study Skills <ul style="list-style-type: none"> • Are Directions Important? 	X	X X	X X X	
6 th	Academic	A:A1.5; A:B1.7; A:B2.1; C:A1.6; PS:A1.3; PS:B1.9	Develop goals for academic success. <ul style="list-style-type: none"> • Improving Attendance <ul style="list-style-type: none"> • Goal Setting • How Good Are Your Study Habits 	X X	X	X X X	

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6 th	Academic	A:A1.2	Display a positive interest in learning	X	X		
6 th	Academic	A:A1.2; PS:B1.11	Demonstrate an understanding of the importance of practice, effort and learning. • Study Skills		X	X	
6 th	Career	C:A1.10; C:C1.2,5	Discuss how work and home life influence each other.			X	
6 th	Career	C:A1.3; C:B1.2; C:C1.3; PS:A1.10	Analyze personal interests and abilities and their relationship to careers. • Interest Inventory	X	X		
6 th	Career	A:C1.3,5; C:C1.1	Explain how current school success relates to future career and personal success.			X	

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GRADE	DOMAIN	ASCA NAT'L STD	COMPETENCY/CURRICULUM Students will:	I	G	C	O
6 th	Community Involvement	A:A3.1,2,4; C:A1.4; C:C2.2,3; PS:A1.9; PS:A2.1-4,6; PS:B1.7; PS:C1.5,7	Demonstrate respectful, ethical and responsible behavior. <ul style="list-style-type: none"> • Penny Power • Peer Helper Program • Mix It Up 		X	X X	
6 th	Community Involvement	A:A3.2,5; C:A1.4; C:A2.1; C:C2.2,3; PS:A2(all); PS:C1.9	Demonstrate ability to work as a team member toward achieving a common goal. <ul style="list-style-type: none"> • Adopt a Family • Parent University 		X X X	X X X	
6 th	Community Involvement	A:C1.2,3	Describe ways to become involved in contributing to the community. <ul style="list-style-type: none"> • Pennies for Patients • Toxic Waste • Mix It uP 		X	X X	