

# Elementary Breakfast and Lunch Menu January 2012

Monday	Tuesday	Wednesday	Thursday	Friday
<b><u>Meal Prices</u></b> Breakfast Paid \$1.25 Reduced \$0.00 Adult \$2.35	<b><u>Daily Breakfast Optional Choice</u></b> Choice of Cereal, w/yogurt or string cheese, fruit (canned or fresh or juice) and milk served daily.  1% White and Non-Fat Chocolate milk available with each meal. <b><i>Whole Grain Products are offered whenever possible!!</i></b>			<b><u>Meal Prices</u></b> Lunch Paid \$2.00 Reduced \$0.40 Adult \$3.75
2	3	4	5	6
	Mini Pancakes and Sausage	Breakfast Burrito		Ham n Cheese Bar
Holiday No school	Chicken Nuggets Tater Tots  Corn Salad Bar	Hot Ham n Cheese Bagel Mini Pretzels  Green Beans Salad Bar	Beef n Bean Burrito Mexicali Rice  Mixed Vegetables Salad Bar	<b><u>Pepperoni Pizza Sticks</u></b>  Fruity Jello  Salad Bar
9	10	11	12	13
Yogurt Parfait	Pancake/Saus Stick	Breakfast Pizza	Egg n Cheese Muffin	Cinnamon Baglers
Turkey Corn Dog Baked Fries  Mxed Vegetables  Salad Bar	Chicken Burgers Garlic Butter Rice  Seasoned Peas  Salad Bar	Rotini Pasta w/ Meat or Marinara Sauce Bread Stick Green Beans  Salad Bar	Chicken Quesadilla Spanish Rice  Golden Corn  Salad Bar	<b><u>Assorted Pizza</u></b> Pepperoni, Cheese  Fruit Cup  Salad Bar
16	17	18	19	20
No School	Egg n Cheese Muffin	Asst Mini Muffins	French Toast	W/G Cinnamon Roll
	BBQ Rib Sandwiches Rice Pilaf Mixed Vegetables  Salad Bar	<b>Breakfast for Lunch</b> Pancakes Sausage Links Hash Browns Salad Bar	Nachos Spanish Rice Golden Corn  Salad Bar	<b>Pepperoni Hot Pockets</b>  Vanilla Pudding  Salad Bar
23	24	25	26	27
Bagel n Cream Cheese	Pancake/sausage stick	Yogurt Parfait	Ham & Egg Muffin	Asst Mini Muffins
Cheese Burger Potato Stars  Pork n Beans Salad Bar	Beef n Bean Burrito Mexicali Rice  Golden Corn Salad Bar	Turkey Corn Dog Potato wedges  Green Beans Salad Bar	Fish Nuggets Baked French Fries  Carrot Coins Salad Bar	<b><u>Assorted Pizza</u></b> Pepperoni, Cheese Fruit Cup  Salad Bar
30	31			
Cinnamon Bagler	Breakfast Burrito			
Chicken Strips Mashed Potatoes/Gravy  Green Beans Salad Bar	Beefy Macaroni Bread Stick  Mixed Vegetables Salad Bar			
<b>Daily Jr. Subs Sandwiches on a Whole Grain Bun</b> (Side dishes same as listed above)				
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Tuna Salad	Ham & Cheese	Fish Burgers	Turkey & Cheese	Assorted Subs

The State of Oregon and Estacada School District are equal opportunity employers and providers

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